



Papilloma (Skin tags)

Mr Kumar has diagnosed you with **eyelid skin tags** (papilloma). This leaflet explains what it is, why it occurs, and how it can be treated and prevented.

What is a skin tag?

Skin tags are small, soft, benign growths of skin that appear on or around the eyelid. They are usually flesh-coloured or slightly darker. They are painless but can cause irritation from rubbing or make-up.



Why does it happen?

Eyelid skin tags are generally harmless, but may be more common in people who have:

- A genetic predisposition
- Ageing skin – more common in middle-aged and older adults
- Friction or rubbing – often where the eyelid folds
- Metabolic factors – sometimes associated with obesity or insulin resistance
- Viral infection

How is it treated?

For cosmetic reasons or if irritation occurs, eyelid skin tags can be removed. Options include:

- Excision – Cutting it off under local anaesthesia
- Electrocautery – Burning it off with a small electric current
- Cryotherapy – Freezing off the skin tag (less commonly used on eyelids due to delicate tissue)

Mr Kumar will advise you on the most appropriate method for the removal of your skin tags, with excision being the most common. This involves injecting a small amount of local anaesthetic near the skin tag, so you should not feel pain during the procedure. Once the area is numb, the skin tag is gently lifted and snipped off. Gentle pressure is applied to stop any minimal bleeding – most skin tags do not require stitches.

Regardless of the method, most procedures typically take around 15 minutes.

After the procedure

Dressings are often not necessary, but it is important to keep the area clean and dry for 24 hours. You will be sent home with an antibiotic eye ointment, which you will need to apply three times daily for 5 days. There are no restrictions on your daily activities.

Mild bruising around the area is expected and typically resolves within a few days. You may take simple pain relief (e.g. paracetamol) twice daily for up to 5 days if required.

Potential risks

The risk of infection or bleeding is very low. Uncommonly, the procedure may leave a barely visible scar.

Please inform Mr Kumar or his team if you are taking blood-thinning medication, as you may need specific advice before the procedure.



Important: Because the eyelid skin is delicate, do not try to remove skin tags yourself. Over-the-counter methods for other body parts can be dangerous near the eyes.

Follow-up

Mr Kumar may suggest a follow-up in 2 weeks to check healing.

Cost of the treatment

| | One Eye (up to 3 skin tags) |
|---------------------|---|
| Surgeon Fee | £350 |
| Hospital Fee | Depends on location – contact Mr Kumar’s team |

Removal of skin tags is a quick and straightforward procedure, with a fast recovery time and little or no visible scarring.

If you are happy with the information provided above, please contact Mr Kumar’s team to make an appointment:

Email: secretaryeyedoctor@gmail.com

Phone: 0118 911 3666